



Facts about Men's Health

From infancy to old age, women are simply healthier than men. Out of the 15 leading causes of death, men lead women in all of them except Alzheimer's disease. On average, men still die five years earlier than their wives. In addition to biological factors, men also tend to see physicians less often than women and only go when they have a serious condition. The Annual Wellness Visit (HCPCS Codes G0438 or G0439) is an opportunity to review risk factors for each individual patient annually.

Lung Cancer is still the leading cancer killer in men. Tobacco smoke causes 90% of all lung cancers. Few preventive measures are as effective — or as challenging — as stopping smoking. But new tools are available that work to help men quit.

ICD-9-CM^{1,3}

- 162.9 Malignant neoplasm of bronchus and lung, unspecified
- V15.82 Personal history of tobacco use, presenting hazards to health

ICD-10-CM²

- C34.90 Malignant neoplasm of unspecified part of unspecified bronchus or lung

Lung cancer NOS

- C34.91 Malignant neoplasm of unspecified part of right bronchus or lung
- C34.92 Malignant neoplasm of unspecified part of left bronchus or lung
- Z87.891 Personal history of nicotine dependence
Code first any follow-up examination after treatment (Z09)

HCPCS "G" codes for Tobacco Cessation and IBT (Intensive Behavioral Therapy) visits⁴

- G0436 Smoking and tobacco cessation counseling visit for the asymptomatic patient; intermediate, greater than 3 minutes, up to 10 minutes
- G0437 Smoking and tobacco cessation counseling visit for the asymptomatic patient; intermediate, greater than 10 minutes

Prostate Cancer is the most common cancer in men other than skin cancer. Close to 200,000 men will develop prostate cancer this year in the U.S.

ICD-9-CM^{1,3}

- 185 Malignant neoplasm of prostate
- V10.46 Personal history of malignant neoplasm of prostate

ICD-10-CM²

- C61 Malignant neoplasm of prostate
- Z85.46 Personal history of malignant neoplasm of prostate
Code first any follow-up examination after treatment of malignant neoplasm (Z08)

Bladder Cancer: Men are about three times more likely than women to develop bladder cancer, and older people are more likely to be affected. Up to 90% of those affected are over 55 years of age. Smokers are at an increased risk for development of bladder cancer. Exposure to certain chemicals used in manufacturing and industry (including paints and paint thinners, some hairdressing supplies, and certain dyes) are associated with a higher

risk of bladder cancer; hence, people who have worked in certain occupations (workers in the rubber, chemical, and leather industries; hairdressers; machinists; metal workers; printers; painters; textile workers; and truck drivers) are at increased risk.

ICD-9-CM^{1,3}

- 188.9 Malignant neoplasm of bladder, part unspecified
Bladder wall NOS
- V10.51 Personal history of malignant neoplasm of bladder

ICD-10-CM²

- C67.9 Malignant neoplasm of bladder, unspecified
- Z85.51 Personal history of malignant neoplasm of bladder
Code first any follow-up examination after treatment of malignant neoplasm (Z08)

Erectile Dysfunction (ED) may not be life threatening, but it may suggest other important health problems. Two-thirds of men older than 70 and up to 39% of 40-year-old men have problems with erectile dysfunction. The risk is further increased in men with diabetes. Men with ED report less enjoyment in life and are more likely to be depressed. Erectile dysfunction is most often caused by atherosclerosis — the same process that causes heart attacks and strokes. Doctors should consider erectile dysfunction an early warning sign for cardiovascular disease.

ICD-9-CM^{1,3}

Erectile Dysfunction due to Diabetes

- 250.80 Diabetes with other specified manifestations, type II or unspecified type, not stated as uncontrolled
- 607.84 Impotence of organic origin

ICD-9-CM^{1,3}

- 607.84 Impotence of organic origin

ICD-10-CM²

- N52.9 Male erectile dysfunction, unspecified
Impotence NOS
- F52.21 Male erectile disorder
Psychogenic impotence

ICD-10-CM²

Erectile Dysfunction due to Diabetes

- E11.69 Type 2 diabetes mellitus with other specified complication
Use additional code to identify complication
- N52.1 Erectile dysfunction due to diseases classified elsewhere
Code first underlying disease

¹ World Health Organization, Professional: ICD-9-CM for Physicians—Volumes 1 & 2. 2013 Alexandria, VA: Optum, 2014

² Optum 2014 ICD-10 The Complete Official Draft Code Set www.optumcoding.com/ICD10

³ The Centers for Medicare and Medicaid Services (CMS) and the National Center for Health Statistics (NCHS). "ICD-10-CM Official Guidelines for Coding and Reporting." Department of Health and Human Services. DHHS. 2012. October. Web. 12 August 2013. <http://www.cdc.gov/nchs/data/icd9/icd10cm_guidelines_2014.pdf>

⁴ <http://www.cms.gov/Medicare/Coding/HCPCSReleaseCodeSets/Alpha-Numeric-ICD9-CM.html>