

**PROVIDER Update
Fit Families for Life–
Be in Charge!****Weight Control Program**

Recognizing the importance of prevention, Health Net created the Fit Families for Life– Be in Charge! Weight Control Program. Fit Families for Life is a multi-week program that extends materials and resources to both Health Net members and providers. It focuses on numerous nutrition and physical activity topics that employ innovative approaches to childhood and family weight management issues. In addition, Health Net members with high Body Mass Index levels are eligible for a personalized, telephone-based coaching program. Health education materials and resources on various health topics are available to members in approved threshold languages upon request. Topics include weight management, nutrition, diabetes, asthma, child health, pregnancy health, tobacco cessation, and more. Providers may contact the Health Net Education department to request education materials and resources for their sites.¹

Fit Providers for Life

Fit Providers for Life is a worksite wellness program for providers and their staff. Health Net recognizes that a Health provider staff is more motivated, energetic, and happy, contributing to a favorable and productive workday. Interested provider Officers can request a program toolkit to develop their own worksite wellness activities. All staff receives a nutrition and physical activity tip sheet and Fit Families for Life DVD. For additional information on any of the above programs and services, contact Health Net Health Education Department at (800) 628-2704.¹

**PROVIDER
NEWSLETTER****Second Quarter 2013****Welcome!**

St. Vincent IPA would like to
welcome its newest Primary Care
Providers:

- Dr. James Song– IM– City of Industry
- Dr. Alex Abbassi– GP– Tarzana
- Dr. Mahesh Bhuta– IM– Los Angeles
- Dr. Stephen Bryda– IM– Los Angeles
- Dr. Alexander Ford– IM– Los Angeles
- Dr. Parviz Javdan– IM– Los Angeles
- Dr. Joong Park– IM– Los Angeles
- Dr. Pagiell Shechter– GP– Culver City
- Dr. Dustin Wong– IM– Los Angeles
- Dr. Ayad Alanizi– GP– Pasadena
- Dr. Ada Del Rivero-Yamuy– GP–Culver City
- Dr. Amani Eldessouky– GP– Los Angeles
- Dr. John (Yongchul) Huh– IM– Los Angeles
- Dr. Luzmivinda Montecillo– IM– Inglewood
- Dr. Barry Morguelan– IM– Los Angeles
- Dr. Gilda Ngo– FP– Los Angeles
- Dr. Luis Galdamez– GP– Los Angeles
- Dr. Raffi Ghurabi– GP– Los Angeles
- Dr. Polina Feygin– GP– Los Angeles
- Dr. Henry Awariefe– GP– Los Angeles
- Dr. Horacio Fleischman– GP– Los Angeles
- Dr. Chinedu Ugorji– IM– Paramount
- Dr. Ricardo Roman– IM– Eagle Rock
- Dr. Leonid Kleynberg– IM– Los Angeles
- Dr. Sang Baik– IM– Los Angeles
- Dr. Weiguo Li– FP– Alhambra

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Bussarakum

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Customer Relations
(562) 860-8771

Claims Inquiries
(800) 458-2307 Option #3

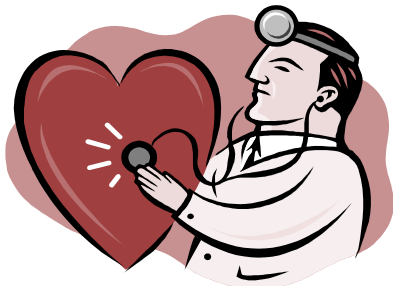
Credentialing
(562) 924-6921

Cerecons
(800) 864-8160

www.stvincentipa.com

SVIPA Contracted Urgent Care Silver Lake Medical Center

1711 W. Temple St., 2nd Floor
Los Angeles, CA 90026
Phone (213) 989-6160
Open 24 hours a day,
7days a week



Help Patients lower heart disease and stroke with the Million Hearts Campaign

Aetna supports the U.S. Department of Health and Human Services in the **Million Hearts™** campaign. The campaign's goal is to prevent one million heart attacks and strokes over five years.

The Million Hearts website offers free tools, videos, and educational materials you can use to help your patients:

- Manage their high blood pressure and cholesterol
- Control their risk factors for heart disease and stroke
- Lead heart-healthy lives

For more information go to:
<http://millionhearts.hhs.gov/resources.html>²

Noteworthy ICD- 10 Compliance

On October 1, 2014, the U.S. Department of Health and Human Services will require all health plans, hospitals, physicians, and other health care professionals, as well as vendors and trading partners, to be compliant with the Tenth Edition of the International Classification of Diseases (ICD-10) diagnosis and inpatient procedure codes. ICD-9 codes will be replaced with a larger variety of more detailed ICD-10 codes, which will be required for all health care services provided on or after October 1, 2014.

Helpful tips to prepare for the ICD-10

Compliance transition:

- Identify where your health care services staff currently use ICD-9 codes.
- Review your systems and standard documents for ICD-9 codes, including medical records, practice management systems, billing systems, authorizations, and encounter forms.
- Verify that the clearing house and vendors you use are 5010-compliant.
- Arrange a single point of contact to handle all tasks related to your transition to ICD-10; this may require you to work with your clearing-house or vendor to run test claims.

Visit these Industry Resource websites for preparation:

- Centers for Medicare & Medicaid Services (CMS.gov > Medicare > Coding > ICD-10)
- Workgroup for Electronic Data Interchange at WEDI.org³

St. Vincent IPA has SNP Members with the following Health Plans:

- SCAN
- Health Net
- Evercare
(Secure Horizons)
- Easy Choice

SNP Update

As of January 1, 2010, all SNP enrollees must qualify as:

- Dually eligible for Medicare and Medicaid benefits and services
- Institutionalized or institutional equivalent residing in the community
- Having certain CMS-approved severe or disabling chronic conditions (i.e. diabetes, CHF, cardiovascular disease, COPD, ESRD, etc)

SNP Model of Care Goals

1. Improve access to medical, mental health, and social services
2. Improve access to affordable care
3. Improve coordination of care through an identified point of contact
4. Improve transitions of care across healthcare settings and providers
5. Improve access to preventative health services
6. Assure appropriate utilization of services
7. Improve beneficiary health outcomes
 - a.) Reduce hospitalizations and SNF placements
 - b.) Improve self-management and independence
 - c.) Improve mobility and functional status
 - d.) Improve pain and management
 - e.) Increase quality of living as reported by patient
 - f.) Improve satisfaction with health status and health services

²Help Patients lower heart disease and stroke risks (2013, March) Aetna Office Link Updates

³ICD- 10 Compliance (2013, April) Cigna Network News

Join us in Welcoming the
new SNP Coordinator/ UM
Manager for St. Vincent
IPA-
Licia Johnson, BS, M.Ed



Licia comes with a lot of experience in the area of Health Education. Her role will be in working with Special Needs Plan patients. Her duties will include:

1. Performing an assessment of medical, psychosocial, cognitive, and functional status
2. Developing a comprehensive individualized care plan
3. Identifying barriers to goals and addressing strategies to help patients achieve optimal health
4. Providing personalized education for optimal wellness
5. Encouraging preventative care, such as flu vaccines and mammograms
6. Reviewing and educating on medication regimens
7. Promoting appropriate utilization of benefits
8. Assisting members to access community resources
9. Assisting caregivers when a member is unable to participate
10. Providing a single point of contact during Care Transitions

Completed Annual Visit
Forms (AVs) can be
mailed or faxed to:

Via Mail:
St. Vincent IPA
P.O. Box 5089
Oceanside, CA 92052
Attn: Risk Adjustment
Department

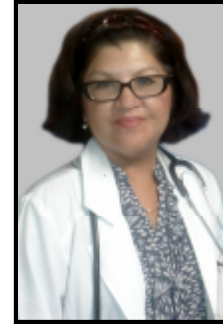
Via Fax:
(562) 207-6512
Attn: Risk Adjustment
Department

Dual Eligible Demonstration Project Update

The Dual Eligible Demonstration has been pushed back to **January 1, 2014**. The Dual Eligible Demonstration project is a mandated program that will affect hundreds of thousands of Medi-Medi patients in the downtown Los Angeles area.⁴ In order to continue caring for their current Medi-Medi patients, providers will need to be affiliated with a managed care group participating in the project. St. Vincent IPA has taken all the necessary steps to fully participate in this project and is contracted with the major health plans. Since St. Vincent IPA is a participant in the project, there will be no disruption in your practice or patient care.

St. Vincent IPA's Diabetic Program!

Headed by Diabetic Nurse
Educator,
Elaine Ybarra, ANP



St. Vincent IPA has established a Diabetic Clinic to help your members manage their Diabetes. In addition to routine Diabetic services and education, our Diabetic Nurse Educator, Elaine Ybarra, ANP is able to work with patients with obesity and pre-diabetes. As a reminder our Diabetic Nurse Educator will assist your patients with the following:

- Diabetic Exams/ Check-ups
- Blood Sugar/ Cholesterol Monitoring
- Diabetic Foot Exams
- Nutritional Counseling
- Review of Medications
- Education on Exercise

We encourage you to take advantage of these services by submitting a referral request through Cerecons. Progress reports on your members will be provided to you regularly. These services are meant to supplement, not replace your efforts.

St. Vincent IPA
Diabetic Clinic
1931 W. Sunset Blvd.
Los Angeles, CA 90026
Phone (213) 484-1212

Upcoming Events/ Reminders

Encounter Data– remember to submit your encounter data!

P4P and 5 STAR 2013– if you don't code it, we won't know it!

Contact Karla Augustine at (562) 860-8771 Ext. 107 or

kaugustine@pdtrust.com with any questions regarding these Quality Assurance programs!