

2018 CMS 5 Star Best Practice Guidelines

**\*\*ENSURE THAT EVERY PATIENT VISIT IS DOCUMENTED AND BILLED\*\***

Measure	Who it applies to	Frequency	Qualified Event(s) and accepted codes	
Breast Cancer Screening (BCS)	Females 50-74 yrs	Every 2 years	Mammogram	
Colorectal Cancer Screening (COL)	Males and Females 50-75 yrs	Annually	FOBT (82270, 82274)	
		Every 5 years	Flexible Sigmoidoscopy	
		Every 10 years	Colonoscopy	
Osteoporosis Management - Fracture (OMW)	Females 65-85 yrs who suffered a fracture	Within 6 months from time of fracture	Bone Density Test (DEXA) OR Prescription for a drug to treat or prevent osteoporosis	
Controlling Blood Pressure (CBP)	Males and females 18-85 yrs with hypertension	Annually	<b>Blood Pressure</b> reading - 18-59 yrs (<140/90 mm/Hg) - 60-85 yrs w/ dx of diabetes (<140/90 mmHg) - 60-85 yrs w/o dx of diabetes (<150/90 mmHg)	Systolic: 3074F <130 mmHg 3075F <130-139mmHg 3077F <=140mmHg Diastolic: 3078F < 80 mmHg 3079F <80-89 mmHg 3080F <=90 mmHg Hypertension Dx: I10
DMARD Therapy for RA (ART)	Males and Females diagnosed with RA	Annually	Prescription for a disease modifying anti-rheumatic drug	
Comprehensive Diabetes Care (CDC)	Males and Females 18-75 with diabetes. Type 1 and Type 2	Annually	Eye Exam	By eye care professional
			Monitoring Diabetic Nephropathy	Nephropathy Screening test, Urine microalbumin test, received medical attention for Nephropathy, OR ACE inhibitor/ARB therapy
			HbA1c Control (≤ 9.0%)	3044F - Level < 7.0% 3045F - Level 7.0 - 9.0% 3046F - Level > 9.0%
Adult BMI Assessment (ABA)	Males and Females 18-74 who had an outpatient visit	Every 2 years	Body Mass Index recorded	Z68.1 - Z68.45
Care for Older Adults (SNP only)	Males and Females 65+ on a Special Needs Plan	Annually	Medication Review	1160F
			Medication List present	1159F
			Functional Status Assessment to see how well they are able to do "activities of daily living" (dressing, eating, and bathing)	1170F
			Pain Screening or pain management plan	1125F - Pain severity quantified 0-10; pain present 1126F - No pain present
Flu Shots (FSO)	Males and Females	Annually	Flu Vaccine	90660-90662, 90654, 90656, Q2034-Q2039
Medication Reconciliation Post-Discharge (MRP)	Males and Females 66+		Medication reconciliation within 30 days of discharge from an inpatient admission	1111F
Proportion of Days Covered by Medications (PDC)	Males and Females 18+ who filled at least 2 prescriptions for one of the following:		Oral diabetes medication	Compliance is based on the proportion of days covered threshold of 80% for these medications
			Renin Angiotensin System Antagonists	
			Statin medications	
Hospitalization for Potentially Preventable Complications (HPC)	Males and Females 67+		The rate of patients with an inpatient stay related to complications of the following diseases... Diabetes, Lower-extremity amputations, COPD, Asthma, Hypertension, Heart Failure, Pneumonia, UTI, Cellulitis & Pressure Ulcers	Proper use of outpatient facilities and coordination of care with specialist to avoid complications and subsequent admissions
Statin Therapy for Patients with Cardiovascular Disease (SPC)	Males 21-75 and Females 40-75 who are identified as having ASCVD	Annually	Statin medications	Compliance is based on a statin medication being dispensed to the member
Statin Therapy for Patients with Diabetes (SPD)	Males and Females 40-75	Annually	Statin medications	Compliance is based on a statin medication being dispensed to the member