

ST. VINCENT IPA NEWS

Welcome to St. Vincent. IPA News. This is your quarterly check-up for health tips, facts, and all you need to know from your Los Angeles Medical Group.



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SCHEDULE YOUR ANNUAL WELLNESS VISIT

We recognize the importance of preventative care and it is important to us that we remind you to schedule your Annual Wellness Visit with your Primary Care Physician. Schedule your appointment today!

A telehealth visit can also be arranged. Please contact your Primary Care Physician to see what your available options are.

PROTECT YOUR VACCINATION CARD

After you get your COVID-19 vaccine, it is very important that you keep your vaccination card safe – scammers are using the COVID-19 pandemic to try to steal your personal information.

- **Please do not share a photo of your COVID-19 vaccination card online or on social media.**
- **Be cautious of COVID-19 survey scams.** Do not give out any of your personal, medical or financial information to anyone claiming to offer you money or gifts in exchange for your participation in a COVID-19 vaccine survey.
- **Ignore offers or ads for COVID-19 testing or treatments on social media sites.** If you make an appointment online, please make sure the location is an official testing site.

If someone contacts you to buy or sell a vaccination card, it is a scam. If you suspect COVID-19 health care fraud, report it online or call 800-HHS-TIPS (800-447-8477). TTY users can call 1-800-377-4950.

COVID-19 VACCINE UPDATE

Everyone 12 years of age and older is now eligible to get a COVID-19 vaccination. Get a COVID-19 vaccine as soon as you can. Widespread vaccination is critical to help stop the pandemic.

To check where you can get vaccinated, you can visit myturn.ca.gov



TIPS FOR A HEALTHY SUMMER

- Move More, Sit Less!
- Wear Sunscreen & Insect Repellent
- Keep Cool in Extreme Heat
- Eat a Healthy Diet
- Rethink your drink!
- Don't Use Tobacco!

